



Journey
CANADA



2015 Annual Report

Our Mission

To help people find hope and live life through experiencing Jesus in their relationships, sexuality and identity

Our Ministry

We partner with Christian communities to offer safe places for spiritual care and experiential discipleship

Our Desire

To see people living healthy, hope-filled lives in their relationships, families and communities



From the Executive Director

We have just completed our first year as Journey Canada, and what a year it has been! 2015 was a time of renewing vision, developing fresh resources and strengthening partnerships.

We have seen tremendous growth in the scope and reach of the ministry – in 2015 we ministered to 5,000 more people, partnered with 50% more churches and ministries, were active in 12 more cities, and trained and equipped 130 more leaders than in the previous year. Whether you know it or not, you have been a part of all of this! As you read this report, I hope you will be encouraged by the growth taking place, the stories of renewed hope and life, and the faithfulness of our God.

Not only have we had the ongoing privilege to educate and equip the Canadian Church through our groundbreaking Pastoral Approaches Seminars, but also in other nations around the world. The response has been exciting and inspiring to us, reminding us again of our unique offering to the Body of Christ.

Mardi and I also marked a milestone: we are celebrating twenty five years in this ministry. As I reflect on its development through the years, I am humbled by your faithfulness in walking with us – this ministry would have ended long ago had it not been for your encouragement, financial and prayer support, and your commitment to stand alongside us in the trenches. We may have planted this ministry, but it is you who have nurtured and grown it. We are deeply grateful to you for partnering with Journey Canada.

We face the year ahead with great hope and clarified vision, believing that our Father has new challenges and fresh grace for us as we continue to do what he has called us to do.

With deep gratitude,

Toni Dolfo-Smith
Executive Director
Journey Canada





Programs

Journey Discipleship Course

A six-month course providing in-depth discipleship and prayer support with the goal of laying a foundation for relationship wholeness.

Journey 101

A six-week introductory course that helps participants identify their issues and look at some of the realities of the healing journey.

Journey Youth / Young Adults

Presentation series for youth and young adults on encountering Jesus in their relationships, sexuality and identity.

Falling Forward

A structured support group that equips men and women with the tools and understanding to break free from sexual and relational addictions.

Support Groups

Weekly or monthly support groups that offer spiritual support to individuals and family members dealing with sexual addiction, spousal infidelity and same-sex attraction.

Pastoral Approaches Seminars

One-day seminars offering pastoral training and tools for pastors, ministry leaders, caregivers and friends. Topics include sexually addictive behavior, and the church and same-sex attraction.

Journey Canada Intensive Week

A week-long retreat designed to deepen the healing of participants and to train them to become leaders in Journey programs. This experiential training is also open to those in pastoral ministry, professional counselling, and lay leadership.

Internship Program

A program for those wishing to develop Journey in their home region, in Canada or abroad.

My Journey Towards Love

When I got involved with Journey I knew I was not in a good place. I had just left an abusive marriage and was reeling from the unpredictability and emotional abuse that came from living with a spouse struggling with addiction and mental illness. I no longer knew who I was or what was true about myself anymore. The one thing I did know, and the only way to help my children recover from the trauma we had all lived through, was to get help myself.

I also knew I had allowed and normalized much of the abuse in my marriage, and in our home, because it paralleled familiar patterns of survival I had learned as a child. I recognized that if I didn't get to the heart of these patterns they would not only reassert themselves in my life, but my children would begin living in them, too.

What God began to do for me in Journey was to first assure me he wanted nothing *from* me; rather he wanted to give something *to* me. This was very difficult for me to believe. People had always wanted something *from* me. I was accustomed to having to please, provide, and perform in certain ways to maintain the love and approval of those around me. God made it clear to me this was not what he was interested in; he wanted me! He wanted me to know and experience the freedom his love provided, freedom to be who I was no matter what state I was in. He wanted the 'real' me, not the performer. I had performed for so long I didn't know who the 'real' me was. Deep anger, rage in fact, began to surface at this point; but God didn't budge. He stayed present and listened and grieved *with* me and *for* me. He was not alarmed, upset, or disappointed by my feelings. I could not believe it. In fact, I did not for several months, but God would not relent. He faithfully, genuinely assured me that all he really wanted was me, just as I am.

So this is what I am continuing to learn – that he loves me, just as I am. And not for what *I* give him or *I* do for him, but because of what *he* gives me and what *he* does for me!

Abby* | Calgary, AB

*Names have been changed to protect the identities of the individuals and their wish for anonymity.





In 2015, Journey Canada ministered to
10,000+ people



9,440+ people of all ages

attended a public presentation at one of the following venues:

- Church and Ministry Conferences, Gatherings, Panels, Retreats, Seminars and Workshops
- High School, College and Seminary Chapels and Classes
- Sunday Schools
- Weekend Church Services
- Youth and Young Adult Groups



76 churches, organizations and ministries in 32 cities

partnered with us from across Canada.



270 people participated in discipleship courses

in Abbotsford, Calgary, Cambridge, Edmonton, Halifax, Kelowna, Montreal, New Hamburg North Vancouver, Rosemere, St. Sulpice, Summerland, Vancouver and Winnipeg.



940+ pastors, leaders, caregivers, youth ministers, missionaries and faculty

ministered to and equipped for holistic discipleship ministry.



400+ Staff and Volunteers

regularly provided spiritual support and care.

Participant Stories



“I came to Journey because my heart was broken and full of secret sin, guilt, shame, anger and pain. I believed that God did not love me in this state, and I longed to be free. At Journey, I experienced the presence of Jesus in the midst of pain and shame, and the power of his forgiveness as I brought my sin and brokenness to the cross. God continues to remind me that it is his desire to be with me in my struggles, and he invites me to walk in who he has created me to be.”

Temeka | Winnipeg, MB

“I participated in a Journey program out of curiosity, wondering what it could possibly offer me. Through it, God gently showed me that my burdens of perfectionism and underlying wounding were worth his attention. In this process I’ve discovered that he meets me whenever I turn to him, as the centre of my life. He quiets me with his love.”

Karen | South Okanagan, BC

“I decided to attend a Journey program, knowing that I needed help in the ways I was coping and managing my anger. As I began engaging the material and encountering Jesus in prayer, I discovered how experiences of being racially taunted as a child left me feeling powerless, ashamed, and humiliated. Through this process, I am learning how to surrender my anger and encounter Christ in ways that surprise me; ways that discount control, achievement, and earthly power. He is with me, transforming me with his humility, sorrow, and love.”

Brent | Vancouver, BC

Volunteer Stories



"I volunteer as a group leader with Journey, after having participated in the different program offerings for myself. My life has truly benefited from the depth of truth they have to offer. I believe it is necessary to make Journey Canada more widely known and introduce this ministry to as many churches as possible. No one should have to struggle alone or in silence; Journey provides a place for people to experience the grace of our Lord, who wants to make them free."

Nathalie | Lanaudiere, QC



"I originally got connected to Journey Canada because a family member was dealing with same-sex attraction. After a number of years, I participated in a Journey Discipleship Course to process some of my own struggles. Now I have the privilege of volunteering in my local program as a small group leader. Through this, God continues to minister in and through me!"

Holger | Vancouver, BC



"I first participated in a Journey program for myself in 2011. I volunteer because I want to be part of providing the same support that was so graciously offered to me. Journey offers a vibrant community where people connect on a deeper level, socially and spiritually; the superficial is stripped away, and the transparent reality of who we are in communion with God and others can come forward. I'm thankful for how I can be a part of it."

Anthony | Calgary, AB



"My husband and I came to Journey Canada when our marriage was struggling. Initially I didn't think the course material applied to me; however, I soon discovered God was reaching out to me, touching my wounds while extending hope and compassion. This often came through the lives and testimonies of the volunteers, who themselves had been touched by Jesus. I now serve with Journey Canada because I want others to experience the same hope and compassion I received."

Sharon | Winnipeg, MB

Endorsements

Have you ever wanted a safe place to be you? Just who you are? Warts and all, as the saying goes.

I know many people have found Journey Canada to be just that – a place where they experience God’s amazing love in the hard places of life. I deeply admire Journey Canada’s earnestness to provide spiritual discipleship to individuals experiencing relational or sexual questions as they pursue their faith.

They are also resourcing and equipping churches – the body of Christ – on some very sensitive matters that many Christian leaders are at a loss with how to respond. There is a rapidly shrinking cultural space to bring forward perspectives – what we believe to be Godly Christian perspectives on what healthy sexuality and relationships can be – what God’s best can look like for each of us.

For many years I was part of Focus on the Family Canada’s leadership conversations – delicate discourse about sexuality and relationships – and I have gotten to know a lot of Christian organizations. There is not one doing the very brave work that Journey Canada is doing.

I see God moving in the lives of individuals and the life of the church through Journey. It is unique in our country. Without it, I don’t know where people would find the safe place and spiritual guidance they need to deepen their journeys with Jesus in the way that Journey Canada provides.

Anna Marie White | Consultant

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A couple of years ago pastors began coming to us at the Pastoral Centre, looking for resources to help parishioners with pornography addiction. When we went looking for groups to help, we found only one that met all the criteria we were looking for.

First, the discipleship model that Journey uses works on the principle that it is the Lord who works to effect change, and that we cooperate with him. Second, Journey holds a view about the human person and sexual morality that is consistent with Catholic belief. Third, Journey doesn’t compromise on the spiritual and moral issues, even while patiently walking with people through struggle, sin, and growth.

I recommend that individuals and congregations looking for support to deal with relational and sexual issues connect with Journey Canada – and seriously consider partnering with them in ministry.

Pavel Reid | Senior Director of Ministries and Outreach | Roman Catholic Archdiocese of Vancouver

In 2015 We Partnered With...

ACTS Seminaries (Langley, BC)

Beulah Alliance Church (Edmonton, AB)

Brentwood Alliance Church (Burnaby, BC)

Calgary Chinese Alliance Church (Calgary, AB)

Calgary Japanese Gospel Church (Calgary, AB)

Calvary Baptist Church (Kleinburg, ON)

Calvary Community Church (Edmonton, AB)

Cambridge Vineyard Christian Fellowship (Cambridge, ON)

Camp Nakamun (Busby, AB)

Canadian Association of Pregnancy Support Services
(Vancouver, BC)

Canadian Lutheran Bible Institute (Camrose, AB)

Canadian Mennonite University (Winnipeg, MB)

Capstan Alliance Church (Richmond, BC)

Catholic Independent Schools of Vancouver Archdiocese
(Vancouver, BC)

Cedar Grove Baptist Church (Surrey, BC)

Centre chrétien des Mille-Îles (Rosemère, QC)

Centre Chrétien Métropolitain (Montréal, QC)

Centre Street Church (Calgary, AB)

Charleswood Community Church (Winnipeg, MB)

Chilliwack Baptist Church (Chilliwack, BC)

Christian Life Assembly (Calgary, AB)

Church in the Hills (Calgary, AB)

Church of Christ (Winnipeg, MB)

Church of the Rock (Winnipeg, MB)

Cityview Baptist Church (Vancouver, BC)

Columbia Bible College (Abbotsford, BC)

Concordia College University (Edmonton, AB)

Defend Dignity (Calgary, AB)

Defend Dignity (Toronto, ON)

Eaglemont Church (Beaumont, AB)

École de Théologie Évangélique de Montréal (Montréal, QC)

Elmwood Mennonite Brethren Church (Winnipeg, MB)

Entheos Conference and Retreat Centre (Calgary, AB)

Evangelical Mennonite Conference (Caronport, SK)

Fellowship Baptist Church (Edmonton, AB)

First Alliance Church (Calgary, AB)

First Armenian Evangelical Church (Montréal, QC)

Foothills Alliance Church (Calgary, AB)

Gateway Church (Winnipeg, MB)

Gospel Centre Community Church (Edmonton, AB)

Grace Chapel (Halifax, NS)

Grace Fellowship Baptist Church (Hope, BC)

Grande Prairie Alliance Church (Grande Prairie, AB)

Heritage Alliance Church (Abbotsford, BC)

Hillside Community Church (Coquitlam, BC)

Hope City Church (Burnaby, BC)

Inner Hope Youth Ministry (Vancouver, BC)

International Student Ministry (Vancouver, BC)

Kitchener Gospel Temple (Kitchener, ON)

L'Église Baptiste d'Ottawa (Ottawa, ON)

L'Église dans Lanaudière (St. Sulpice, QC)

Living Hope Fellowship (Burnaby, BC)

Living Way Life Church (Oliver, BC)

Lord's Love Church (Vancouver, BC)

Ministère M.U.R.R. (Montréal, QC)

Mission Creek Alliance Church (Kelowna, BC)

Nassau Street Church (Winnipeg, MB)

Nelson Avenue Community Church (Burnaby, BC)

New Hamburg Christian Centre (New Hamburg, ON)

New Life Chinese Lutheran Church (Vancouver, BC)

New Life Community Church (Burnaby, ON)

North Shore Alliance Church (North Vancouver, BC)

Notre Dame Secondary school (Vancouver, BC)

Penticton Ministerial Association (Penticton, BC)

Penticton Vineyard Community Church (Penticton, BC)

Permanent Diaconate of New Westminster (White Rock, BC)

Rexdale Alliance Church (Toronto, ON)

Richmond Pentecostal Church (Richmond, BC)

Sargent Avenue Mennonite Church (Winnipeg, MB)

Sherwood Park Alliance Church (Sherwood Park, AB)

South Calgary Community Church (Calgary, AB)

Southview Alliance Church (Calgary, AB)

St. John's Vancouver Church (Vancouver, BC)

St. Patrick's Catholic Church (Vancouver, BC)

St. Peter's Anglican Church (Okotoks, AB)

St. Peter's Fireside (Vancouver, BC)

Tenth Church (Vancouver, BC)

The Christian and Missionary Alliance in Canada (Toronto, ON)

The Eastern Canadian District of the Christian and Missionary
Alliance (Whitby, ON)

The King's Fellowship (Winnipeg, MB)

The Tapestry Church (Richmond, BC)

The Western Canadian District of the Christian and Missionary
Alliance (Calgary, AB)

Tillsonburg Alliance Church (Tillsonburg, ON)

Trinity Baptist Church (Winnipeg, MB)

Trinity Western University (Langley, BC)

University Christian Mission (Vancouver, BC)

Urban Sanctuary (Edmonton, AB)

Youth With a Mission (Dunham, QC)

Youth With a Mission (Vancouver, BC)



Internship Program

In September of 2000, Journey Canada launched a pilot of its Internship Program in response to fledgling groups across the country inquiring about the possibility of sending leaders for more training. At that time, I moved to Vancouver for one year to help “test” what the essential ingredients would be for equipping individuals in this kind of work.

Serving in an in-depth experiential discipleship ministry such as ours is not always simple or easy. Aside from the practical skills required in everyday operations, and the experience needed for facilitating programs, seminars, and events, there are a myriad of other challenges; personal, spiritual, cultural. In working with teams of leaders, self-understanding and a willingness to be stretched and grow are essential key ingredients!

Over time, we’ve come to believe we’re on to something pretty good here! We’ve broadened what we offer interns so as to give them an experience of life and ministry that helps to hone

the “whole” person. We don’t just equip interns to facilitate Journey programs – we produce leaders who are committed to a path of maturity and growth as they serve Jesus in ministry, wherever they are.

Since that first offering more than 15 years ago, over 20 leaders from across Canada and other areas of the world have participated in the Internship program; more than half of those are now key leaders in their home countries. We are privileged to have been part of their call to minister to the Body of Christ.

Read on to hear two of their stories.

Kirsten Rumary is the Program Resource Coordinator for Journey Canada, and facilitates the Internship Program.





“Journey Canada’s Internship provided the opportunity to discern how God might be inviting me to partner with this ministry in a greater way. Within my intern cohort I developed the practical skills needed to share well the story of God’s power at work in my life. Having numerous opportunities to facilitate small group discussion and prayer in the different Journey program offerings grew my confidence. I also had the privilege to minister cross-culturally by travelling to Indonesia to help train leaders there.

The internship was also a context for personal growth. It provided a forum to practice appropriate boundaries in relationships, and how to work through conflict in a restorative way; areas that I had struggled in for most of my life. I discovered that my voice has a place, and I feel more willing now to risk and collaborate in team environments.

Through these experiences and more, it became clear that God has placed the desire in me to walk alongside others in the same way I have experienced others walking with me in my journey with Jesus. I now work on staff with Journey Canada in Vancouver, and I’m excited to be a part of developing the work of the ministry – pointing people to Jesus as their primary source to find hope and live life.”

Scott Neufeld | Vancouver, BC



“Participating in the Journey Canada Internship was a significant experience for me. I was given opportunities to be involved in all aspects of the day-to-day operations of the ministry, taking part in the different Journey offerings locally and nationally. I grew in my capacity to pray and care for people in small groups, teach program content, and was given responsibility to coordinate the six-week Journey 101 course in the Vancouver area.

Not just a season of equipping me with the skills needed to facilitate programs, the internship also provided an opportunity to reflect on many different aspects of my personal story; in particular, how I relate to others, whether it be participants in programs, other program volunteers, or colleagues on the Journey Canada staff. In the safety of the internship environment, God revealed to me more of myself – both my strengths and the unsavory and surprising bits in me. One of the greatest gifts of the internship process has been the self-awareness I have gained.

I am now working as the Singapore Liaison for Journey Asia, bringing this ministry to churches and Christians in Singapore. The ministry of Journey impacts the church by reminding us of God’s intention for human sexuality and what Christian discipleship looks like. I like to think it encourages the church to respond rightly and with love, in a confused world where (in the words of C.S. Lewis), “Love is something more stern and splendid than mere kindness”.

Constance Chan Chee Ying | Singapore

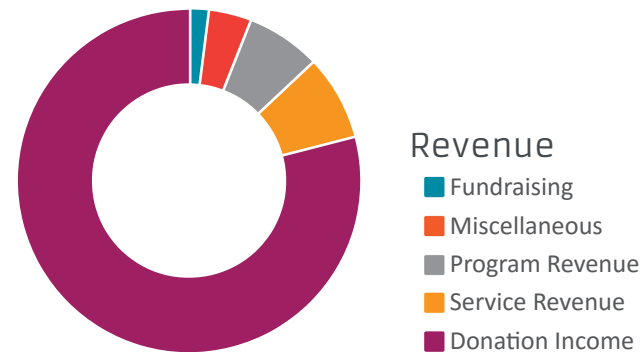
Financial Overview

Thank you for your ongoing partnership with Journey Canada. Together we are helping people find hope and live life through experiencing Jesus in their relationships, sexuality, and identity. Below is a summary of our 2015 financials.

Revenue

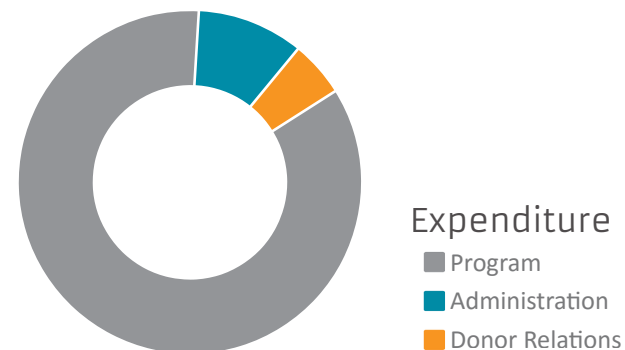
Fundraising	16,933
Miscellaneous*	42,473
Program Revenue	68,602
Service Revenue	75,587
Donation Income	774,304
TOTAL REVENUE	977,899

* Miscellaneous includes subleased office space received.

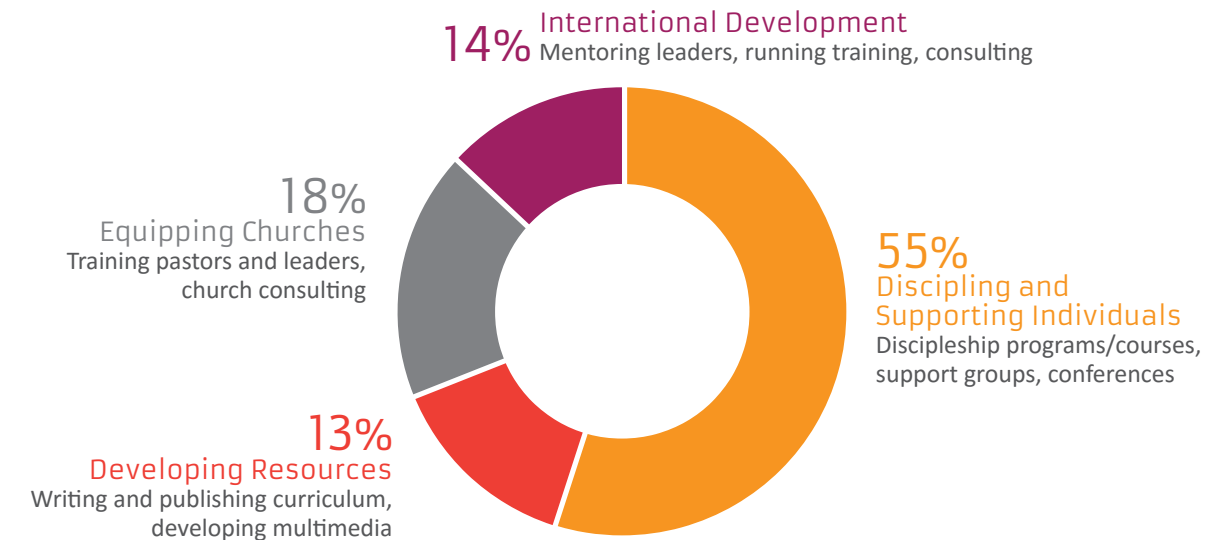


Expenditure

Program	756,760
Admin	93,318
Donor Relations	46,141
TOTAL EXPENDITURES	896,219



87% of our expenditure goes to help us see people live healthy, hope-filled lives



From the Board

As you read this annual report I hope you catch a glimpse of the work God is doing through your partnership – freedom, joy, grace, life, hope – not only in people's lives here in Canada but around the world. Without your investment of time and finances the work of Journey Canada would not be possible. On behalf of the Board of Journey Canada, I want to thank you for joining with us on this journey. Blessings,

Glen Nyhus
President
Journey Canada



Gordon McNabb
Vice President/Treasurer

Bruce Mills
Secretary

Nicole Lee-Quesnel
Director

Jonathan Helmus
Director

Toni Dolfo-Smith
Director

National Staff



Toni Dolfo-Smith
Executive Director



Ricky Lee
Director of Operations



Daniel Komori
Associate Executive Director



Kirsten Rumary
Program Resource Coordinator



Andrew Lakin
Program Coordinator Vancouver Region



Arabella Cheng
Ministry Development Coordinator



Scott Neufeld
Resource Facilitator

BRITISH COLUMBIA

Andrew Lakin
Program Coordinator | Vancouver

Scott Neufeld
Program Coordinator | Fraser Valley

Lisa Lee
Financial Administrator | Vancouver

Andrea Heavenor
Women's Liaison | Vancouver

Dan Gowe
Men's Support Liaison | Vancouver

Steve and Kate Hobbs
Program Coordinators | Okanagan

ALBERTA

Mark Elvin
Program Coordinator | Edmonton

Daniel Komori
Program Coordinator | Calgary

MANITOBA
Reg Froese
Term Director | Central Office

Tye Gamey
Ministry Coordinator | Central Office

Judy Anderson
Administrative Assistant | Central Office

ONTARIO
Dave Lawson
Program Coordinator | Toronto

Nicole Lee-Quesnel
Program Coordinator | Cambridge & New Hamburg

Gail Nicholson
Program Coordinator | Peterborough

Glen Nyhus
Program Coordinator | Cambridge

QUEBEC
Kathryn Alarie
Coordinatrice | Région du Québec

Claude Provost
Coordinateur | Région du Québec

NOVA SCOTIA
Ed and Margot Shutt
Program Coordinators | Halifax

Where We Are



www.journeycanada.org